

My body
is a **gift**

My arms
give
good hugs

My body is
strong

I'm
thankful
for my body

My body
takes me
places

My body is
one of a
kind

My body
can **move**

My body
deserves
kindness

My body
deserves
respect

I am
beautiful

I'm **more**
than a body

I can **trust**
my body